

IT'S TIME

Open Enrollment for Your 2026 Benefits Is Happening Now!

OCT. 29–NOV. 14



ABOUT OPEN ENROLLMENT

Open Enrollment is your **once-a-year opportunity** to review and make changes to your benefit elections without a qualifying event—so don't miss out!

During this Open Enrollment, you can:

- ✓ Add, cancel or change coverage
- ✓ Enroll or re-enroll in a health care and/or dependent care flexible spending account (FSA)
- ✓ Elect or modify your health savings account (HSA) employee contributions
- ✓ Add or drop eligible family members to or from coverage
- ✓ Increase your supplemental life insurance coverage by up to \$50,000—up to the guaranteed issue amount of \$200,000—without completing Evidence of Insurability (proof of good health)

WHAT YOU NEED TO DO

- Go to [Working@Chapman](#) (click the Employee Self Service link) from **October 29 – November 14**.
- Review, make any updates and confirm your benefit elections for 2026 **even if you don't want to make changes**.
- It's also a good time to make sure your beneficiary designation is up to date.

BENEFIT UPDATES FOR 2026

- **NEW! Commuter benefits program:** contribute pre-tax dollars through payroll deductions for work-related **transit** expenses. Watch the [commuter benefits video](#) to learn more.
- **NEW! Health Care FSA rollover:** lets participants carry over unused funds into the new plan year instead of losing them. This applies to unused funds up to the IRS maximum of \$680 for the 2026 plan year and will continue in future years, subject to IRS limits.
- Accident and critical illness insurance will move from Unum to The Standard.
- Whole life insurance with long term care through Unum is terminating. Members currently covered will receive information directly from Unum on continuing coverage.

WANT TO LEARN MORE?

- View your [2026 Benefits Guide](#)
- Watch our [Open Enrollment presentation](#)
- Watch our [Health Savings Account \(HSA\) presentation](#)
- Watch our [Voluntary Benefits presentation](#)
- Visit our [Benefits Education Video Library](#)

2026 BENEFITS AT-A-GLANCE

BENEFITS	COVERAGE OPTIONS
Medical & Prescription	- Kaiser HMO (Southern CA only) - Cigna Select HMO - Inland Empire: Heritage Provider Network - Los Angeles County: Memorial Care, Heritage Provider Network and Providence St. Joseph Health Center - Orange County: Providence St. Joseph Hoag Health - San Diego County: Scripps - Cigna Full HMO (CA only) - Cigna Open Access Plus HDHP + HSA - Cigna PPO
Health Savings Account (HSA)	Available to Cigna HDHP + HSA medical plan members
Dental	- Delta Dental DeltaCare USA - Delta Dental PPO
Vision	- VSP Basic - VSP Premier
Flexible Spending Accounts (FSA)	- Health Care FSA - Limited-Purpose Health Care FSA for HSA participants - Dependent Care FSA - Commuter Benefits
Life/AD&D	- Basic coverage for employee only - Supplemental coverage for employee plus family
Disability	Long-term disability
Voluntary Benefits	- Accident insurance - Critical illness insurance
Employee Assistance Program (EAP)	Counseling and work-life services through Health Advocate / The Standard
Voluntary Legal Plan	Pre-paid legal services through MetLife Legal Plans
Bright Horizons Care Advantage	Back-up childcare and adult/eldercare; find babysitters, nannies, senior care resources and more
Spot Pet Insurance	Veterinary care coverage for pets
Auto & Home Insurance	Special rates and generous discounts on auto and home insurance through California Casualty
Total Life Wellness	- ThrivePass Wellness Program - Life Services Toolkit - Healthy Rewards - Travel Assistance - ScholarShare 529 Program - Retirement Plans

2026 MONTHLY BENEFIT COSTS

MEDICAL					
Coverage Tier	Kaiser HMO (Southern CA only)	Cigna Select HMO (Inland Empire, Los Angeles, Orange and San Diego County only)	Cigna Full HMO (CA only)	Cigna Open Access Plus HDHP + HSA	Cigna PPO
Employee Only	\$24.00	\$44.00	\$90.00	\$142.00	\$593.00
Employee + 1	\$161.00	\$251.00	\$539.00	\$596.00	\$1,604.00
Employee + 2 or More	\$284.00	\$391.00	\$771.00	\$851.00	\$2,292.00

DENTAL			VISION	
Coverage Tier	Delta Dental DeltaCare USA	Delta Dental PPO	VSP Basic	VSP Premier
Employee Only	\$7.24	\$27.56	\$0.00	\$4.00
Employee + 1	\$18.00	\$61.10	\$0.00	\$6.30
Employee + 2 or More	\$24.62	\$87.54	\$0.00	\$9.56